

An Intro to AI

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Welcome Everyone!

We will begin in a moment....Please stand by...

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1

Before we start...

- ❑ Introduction
- ❑ Is this presentation for me...?
- ❑ ChatGPT works on Android/iPhone, Laptop/Desktop
- ❑ In case we get disconnected...
- ❑ Please stay muted to avoid background noise
- ❑ This presentation: Slides...Live demos
- ❑ Use the Chat feature for questions

Let's get started



2

What will I **learn** today?

- Introduction to **what is AI**
- Benefits and disadvantages
- Limitations of ChatGPT
- How to access the program on your laptop or download the app to your smartphone or tablet
- Create your account and log in
- Security and Privacy
- How to send 'prompts' (commands and instructions) to ChatGPT
- Modify your queries and regenerate responses, Copy and Print
- Discover how ChatGPT can be useful in your home, family, volunteer and work activities
- Advanced features if you want to upgrade
- Help and resources

3

What is ChatGPT and how does it work?

Chat GPT is an Artificial Intelligence program that can understand human language and generate human-like responses to various prompts. It was created by OpenAI



Uses:

ChatGPT can be used for a variety of tasks, such as answering questions, translating languages, generating creative writing, and even engaging in conversation with humans.

GPT stands for "Generative Pre-trained

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4

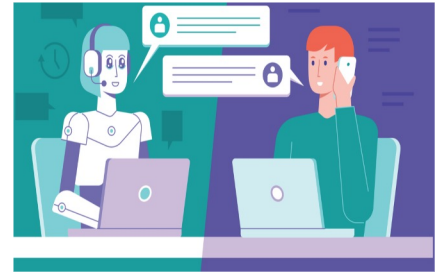
ChatGPT benefits and disadvantages

Benefits

- The ability to generate natural language responses, **which** can save time and resources for individuals and organisations.
- It can be used to automate tasks that were previously done manually, allowing for greater efficiency and productivity while reducing reliance on humans.

Disadvantage:

- It cannot provide real time predictions, like which stocks to buy today.



5

Uses of ChatGPT and other Artificial Intelligence



Healthcare



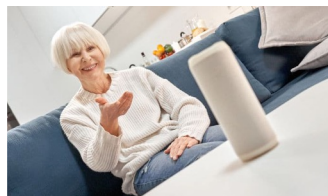
Education



Marketing



Customer services



Voice Assistants

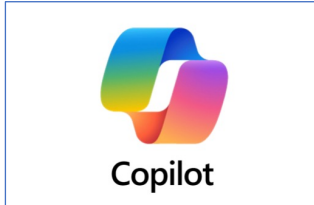


In the Home e.g. Recommend and find recipes

6

Options to ChatGPT

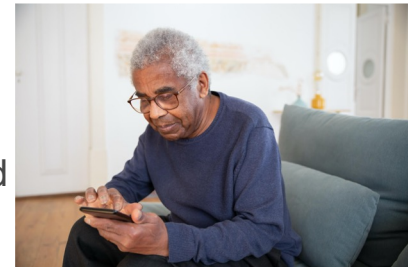
Major technology companies have developed similar programs that perform the same tasks



7

Security: Is ChatGPT Safe?

- ❑ There is no risk to registering and using ChatGPT
- ❑ Your device won't get infected by a virus
- ❑ OpenAI servers are heavily encrypted and secure



Personal measures to protect yourself

- ❑ Stay mindful of the information you share
- ❑ Use a strong password when you set up your account
- ❑ Double check the responses



8

Other Limitations

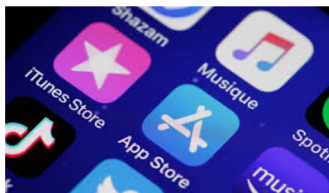
- ❑ ChatGPT is not perfect
- ❑ Check the facts for more important things
- ❑ ChatGPT may inadvertently present bias as it pools data presented to it which may itself reflect a bias
- ❑ The program knowledge is only until June 2024 for ChatGPT but it bridges that gap with the internet
- ❑ It is a machine so will not have context understanding
- ❑ Do not put personal details



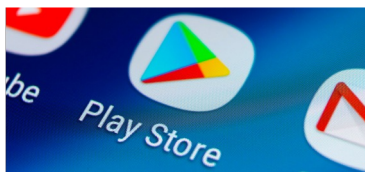
9

Download ChatGPT to your device

Apple iPhone/iPad (App Store)

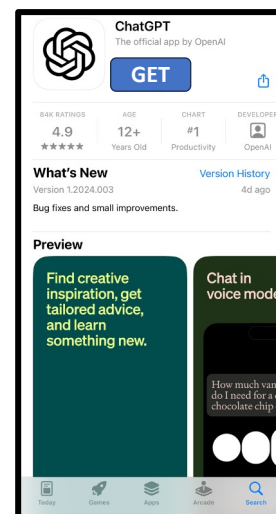


Android Phone or Tablet (Play Store)



Search for

ChatGPT

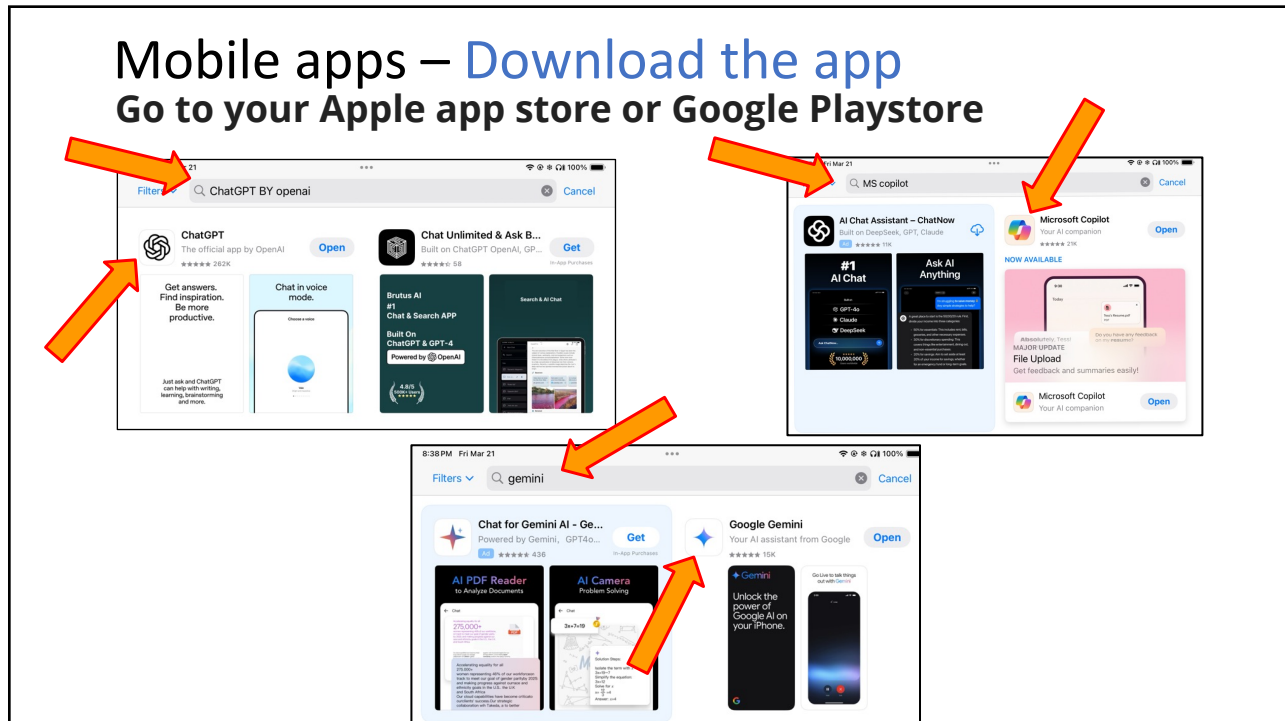


Press Get or Install on Android

10

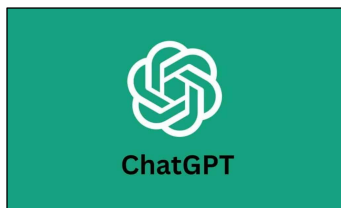
Mobile apps – Download the app

Go to your Apple app store or Google Playstore

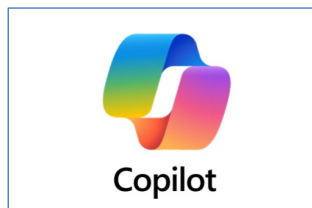


11

Web addresses:



<https://chatgpt.com>



<https://copilot.microsoft.com>



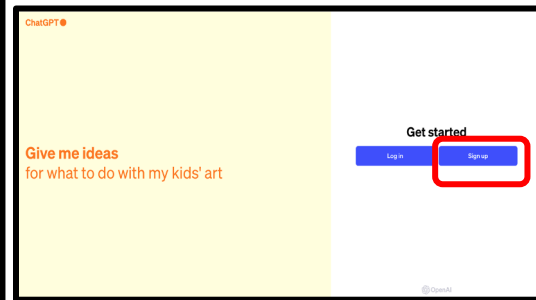
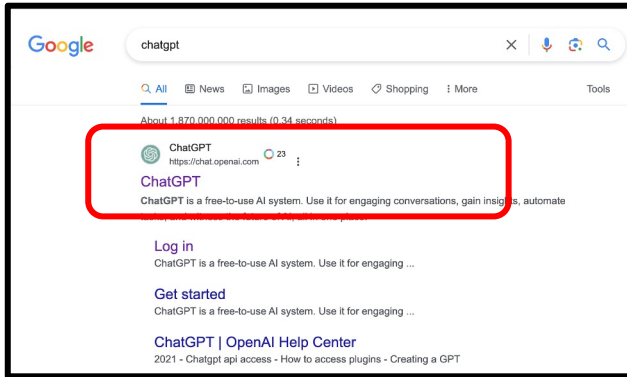
<https://gemini.google.com>

12

Find and use Chat GPT on your laptop

1. Type ChatGPT in your browser or visit

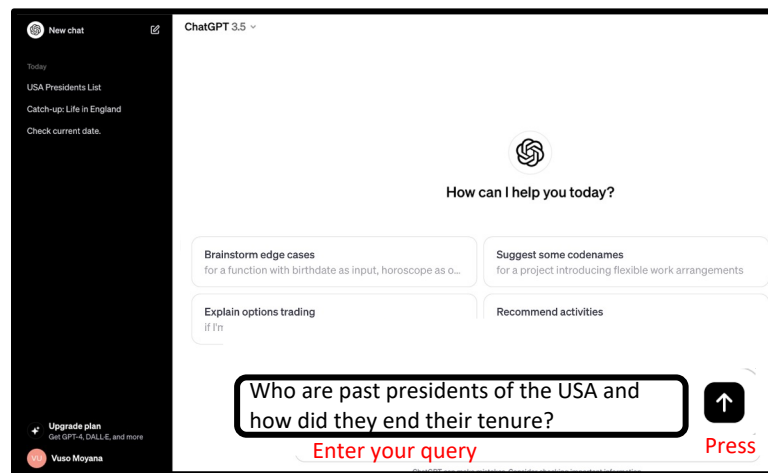
2. Sign up to open a free account



13

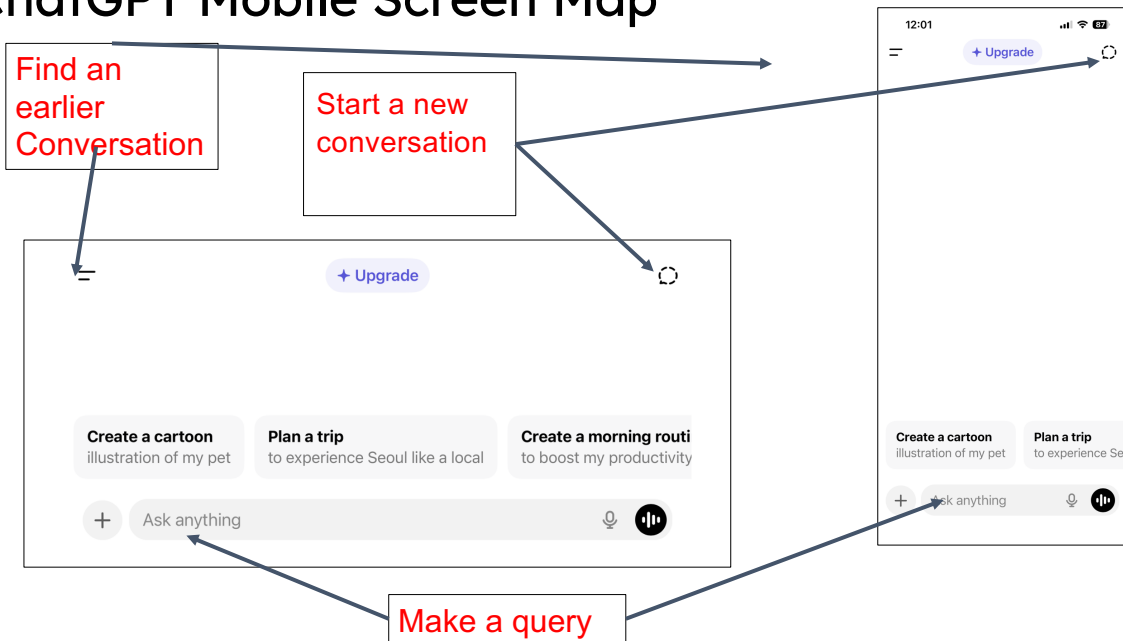
How to use ChatGPT: Asking questions

- Enter your prompt or query at the bottom and press the arrow to generate results



14

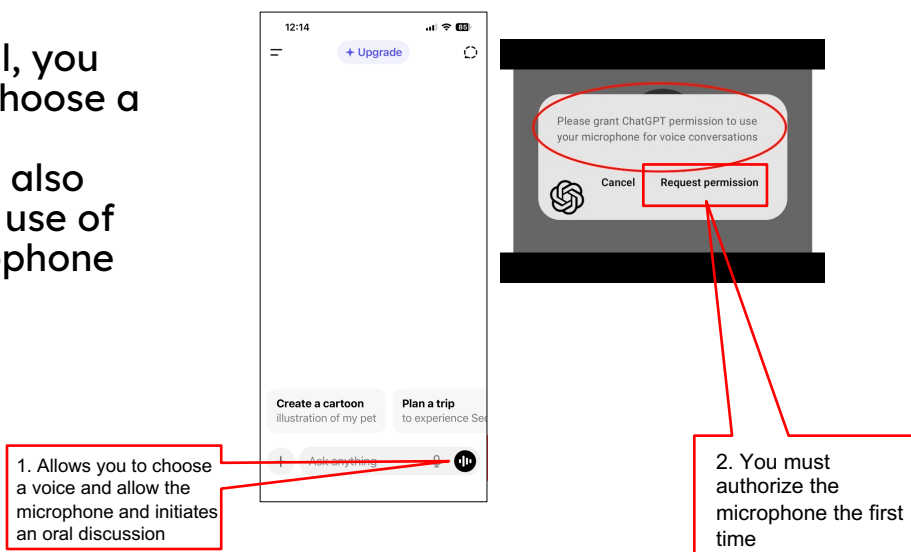
ChatGPT Mobile Screen Map



15

Use the microphone for a conversation

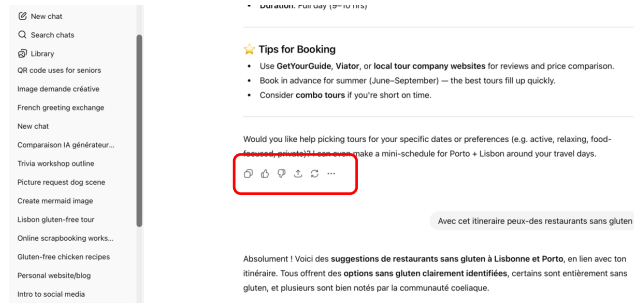
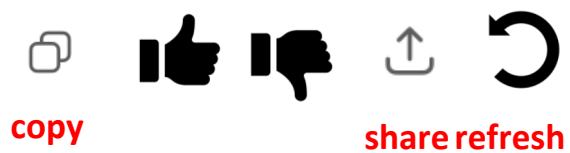
- First of all, you need to choose a voice
- You must also allow the use of the microphone



16

Regenerate responses

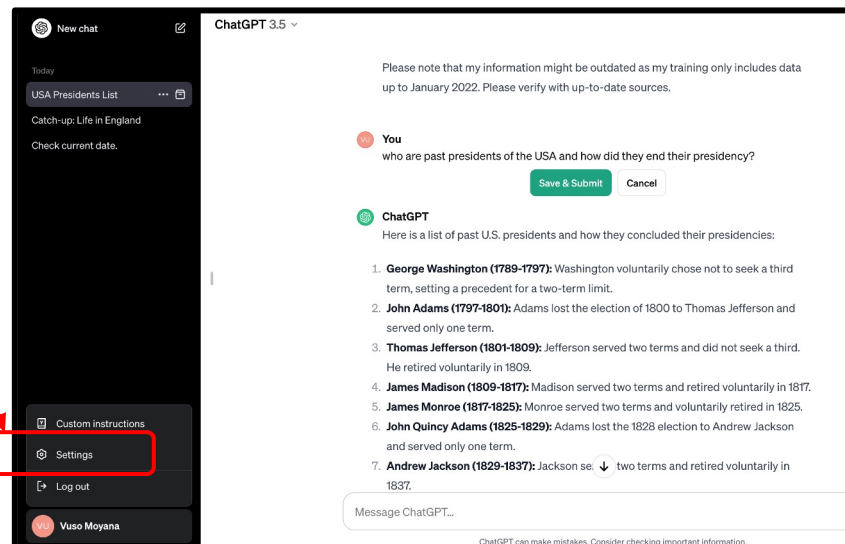
- ChatGPT allows you to create different responses to the same prompt or query by pressing the Refresh button
- You can then copy the best response that you prefer to MS Word or any other word processing app and save it to your device or even print the document.



17

Clear all your current chat history

You can clear all your chat history in ChatGPT in your **Settings**

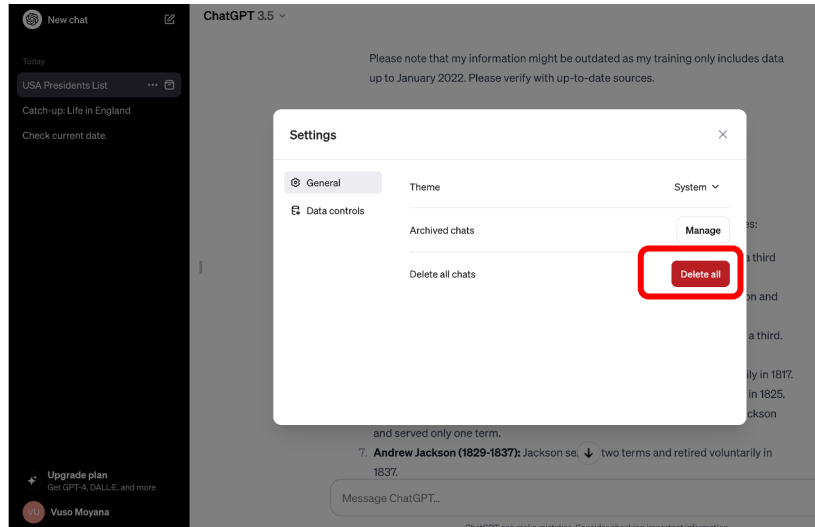


18

Delete all Chats

Press **Delete All** to clear your history of questions you have asked before

This is equivalent to clearing your search history in a browser like Google, Edge, Firefox or Safari

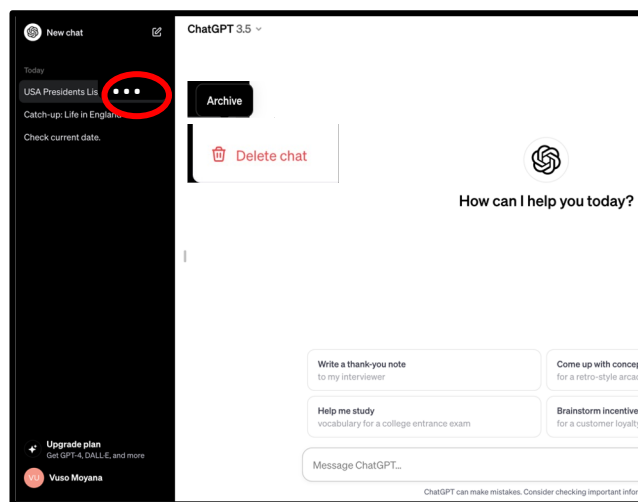


19

Delete an individual prompt or query

You can Delete or Archive an individual prompt

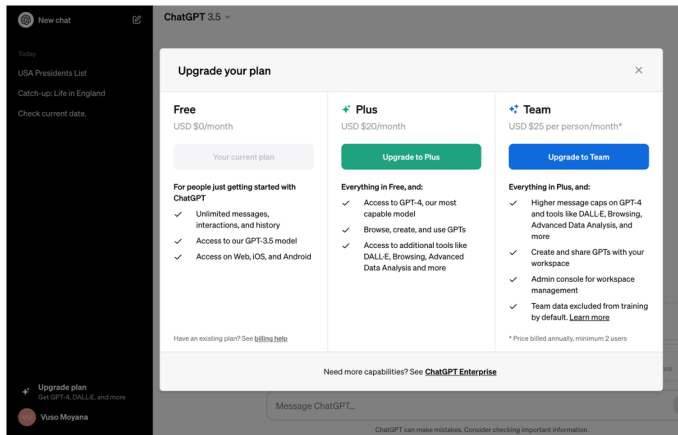
1. Hover on the individual prompt to reveal 3 dots
1. Click on delete or archive



20

Advanced features

- ❑ For more advanced features you can upgrade to a Paid version of ChatGPT that allows you to generate videos and more pictures generated



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21

Examples of how ChatGPT can help you:

- ❑ Ask Questions: About facts, history, science, and more
- ❑ Conversational: Have casual conversation and discussions on various topics
- ❑ Writing Assistance: Help with writing essays, stories, and emails. Copy and paste an email or letter into ChatGPT and ask it to rewrite it better.
- ❑ Math: Help solving mathematical problems and providing explanations
- ❑ Recommendations: Suggestions for books, movies, music, and more
- ❑ Educational: Explaining concepts, providing definitions, and teaching you how
- ❑ Prepare a draft speech for you to deliver at your Son's Graduation Ceremony
- ❑ Create some Trivia questions to entertain your 10-year-old Grandson.



22

Please note

Als are not perfect

Occasionally Als hallucinate information that seems plausible but is incorrect.

Medical, legal or financial issues should be discussed with professionals in these settings.

Don't take what the app tells you as fact.

The information is only as good as the information given to the program, so it may represent a bias.

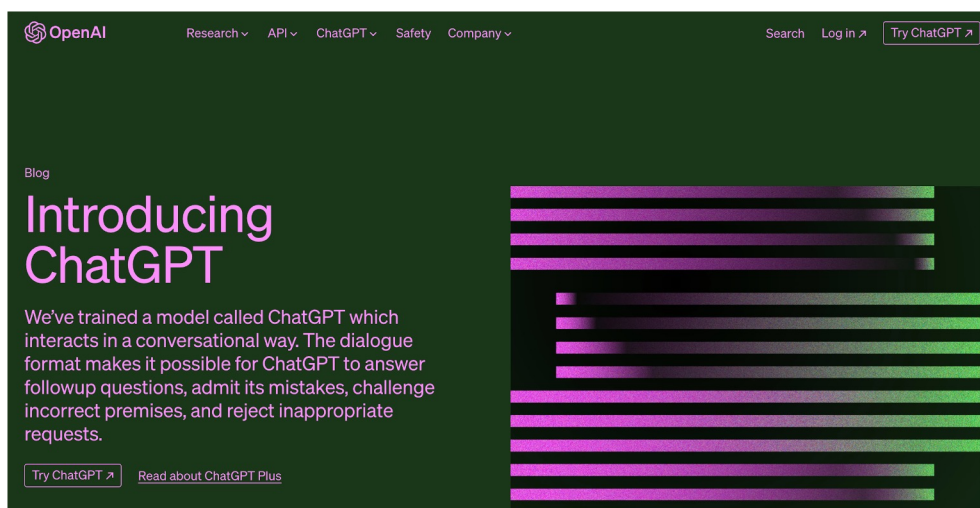
Never give out personal information



23

Help and resources

Visit the ChatGPT blog to read more at <https://openai.com/blog/chatgpt>



24

Let's try together

Create queries and display them in the chat box:

Examples of queries:

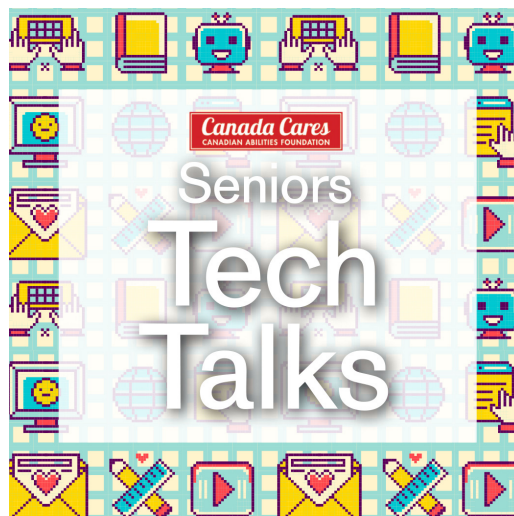
* I would like to plan a holiday in Lisbon in Portugal for myself, my husband and another couple. My husband can't eat gluten, can you suggest a 4 day itinerary as well as restaurants for each meal?

* Can you help me create a trivia game about school and graduation?



25

Brought to you by:



26

Questions? Thank You for attending



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64



62



658

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